

Helping premature babies stay well after going home.

BALLOON

Bringing Advances in Lung Protection to Improve Long Term Outcomes in Neonates

Find out about the BALLOON Trial

The BALLOON Trial is studying a new way to help protect premature babies from chest infections during the first year after they go home.



1 Who can take part?

We are inviting babies who were born very prematurely to be part of the study.

- ✓ Born at less than 30 weeks of pregnancy
- ✓ Go home within 46 weeks of corrected age



2 What is BALLOON studying?

We are finding out if safely stimulating the developing immune system can reduce respiratory infections, hospital visits and improve lung health in premature babies.



3 What would taking part involve?

- ✓ A spray called **Bactek** will be given under the tongue until your baby reaches one year of corrected age
- ✓ Some extra visits to the hospital
- ✓ Health checks and tracking how your baby is doing
- ✓ Full support from the research team



4 Interested? Find out more

Speak to your neonatal research team today. They will be happy to answer your questions.

Scan to visit the BALLOON parent information page



Or ask a member of staff for more information.



Why this research matters

Premature babies are more likely to get chest infections and breathing problems. The BALLOON Trial aims to find better ways to protect their lungs and support healthy growth.



Together, we can give babies the best start in life



Taking part is voluntary.
Choosing not to take part will not affect your baby's care in any way.



Developed by the
BALLOON Trial team
<https://balloon-trial.uk>

Thank you for considering
taking part in this important
research.



For more information
speak to your neonatal
research team.



August
2026

